

Motionhouse

KNOT



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Knot sees two male dancers using extreme physicality, complex lifts and contact choreography to explore the many facets of human relationships through physical expression. Twisting and turning, the balance shifts from one dancer to the other as they use their physicality to express their emotions. Inspired by Salvador Dali's 'Metamorphosis of Narcissus', **Knot** asks questions about who we are; delving into our inner lives and our relationships with others.

PROGRAMMING INFORMATION

- Knot is designed to be performed in public spaces indoors and outdoors - such as town squares, shopping centres, parks and gardens etc.
- Knot is performed by two dancers
- It is designed to be watched from 3 sides
- The running time is approx. 12 minutes
- It can be performed twice per day with appropriate rest break between performances
- Knot can also be performed at corporate events, gala dinners, product launches, etc.

TECHNICAL INFORMATION

- Knot is performed by two dancers without a set
- It has been designed and choreographed to be performed on a range of flat surfaces but cannot be performed on gravel (grass is OK)
- Knot requires a minimum performance area of 6 x 6 metres, and has a minimum height requirement of 3 metres
- It is designed to be watched from 3 sides
- The running time is approx. 12 minutes
- The soundtrack will be supplied on an MP3 player, you will need to provide a good quality full range sound system that covers both the performance space and the audience
- You will need to provide one person to run the sound
- We travel by public transport where possible but may require parking for one Ford Transit minibus

BOOK KNOT

If you'd like to book the show or discuss pricing, please contact our Programme Manager Jo Valentine by emailing: Jo@motionhouse.co.uk or calling +44(0)1926 887 052

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TIMINGS etc.

- The performers will need 30 minutes to warm up before each performance in a space separate to the performance area
- They may also require some rehearsal time on the day of the first performance
- There must be a **minimum** rest period of 45 minutes between the end of the first performance and the start of the second performance each day

OTHER REQUIREMENTS

- Please provide a warm indoor changing/rest area for the performers
- Please provide a source of cold, fresh water to refill water bottles. We are asking all our partners to minimise single use plastic bottles

