



Motionhouse
Est. 1988

Primary Schools

Motionhouse has an outstanding reputation for delivering high quality, inspiring dance education in schools since 1988.

Our workshops for primary schools are stimulating, engaging and can be tailored to the individual needs of your school. Suitable for pupils from Foundation Stage upwards to Year 6, we offer a range of ready-made or customised workshops that can be linked in to any area of the curriculum or can respond to a specific project idea/theme or stimulus. There is a great deal of evidence supporting dance, in children's physical, emotional and intellectual development and dance offers a range of social benefits alongside being an effective and enjoyable way for students to learn. We can deliver over a half term, full term or across a full year.

Our enriching sessions and projects can be co-designed with you in identifying your specific needs and requirements to create rewarding outcomes for pupils and teachers. Lively and energetic, our approach makes us the perfect choice for primary aged students!

Inspire & Move: A Performance & Workshop Package

This popular package offers a stimulating and aspirational experience for young people, combining a performance by our professional company in your school [perhaps in your school hall or on the playground] followed by a practical workshop.

Cross Curricular Learning

We can develop projects based on any area of the curriculum, which can include cross-curricular learning. We can deliver one or all of the following:-

- curriculum topics
- learning themes
- partial or full schemes of work based on learning outcomes
- introduction to movement skills
- progressive skills-building in dance technique
- introduction to choreography and dance composition

All of our workshops are delivered by professional dance artists with a wealth of teaching experience. All teachers have undergone an enhanced DBS check.

Artsmark

We offer opportunities for schools aiming to obtain Artsmark status at any level or who currently hold the award. Please contact us to discuss how we can work together.

What did you like best about the workshop?
"Giving the students the chance to 'play' with movement and push them into new ideas."
Henley in Arden School

Please contact our Learning department on 01926 887 052 or info@motionhouse.co.uk for more information or to book a workshop.



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Secondary Schools

Motionhouse has an outstanding reputation for delivering high quality, inspiring dance education and participatory work in schools since 1988.

We offer a diverse range of stimulating activities, projects and workshops for students to explore their creativity through movement and dance. Our workshops are accessible and enjoyable, emphasising a sense of achievement for all. Each workshop encompasses Motionhouse's distinctive, highly physical style of dance-circus and is tailored to respond to the individual needs and targets of your school.

Example Workshops

- **Performance/Workshop Package** — students take part in a workshop with our dancers and watch a Motionhouse performance in your school
- **Repertoire from any of our shows**
- **Technique** including Contemporary (variety of styles), flying low, contact improvisation, floorwork, partnering, lifting and acrobatic
- **Choreography**
- **Themed schemes of work:** BTEC or RSL performance/technique modules or meet BTEC Tech Awards (Levels 1-3) component criteria ensuring the best possible grades for your students
- Accredited **Arts Awards** at Discover, Explore, Bronze, Silver or Gold levels
- **Detailed education resource packs** for each of our previous performance works. Resource packs include audio soundtracks, full-length films/sections of the work by chapter (DVD format), lesson ideas and teaching points for use in school (fully adaptable).
- **Performance intensive/residency projects/ curtain raisers** – usually over 3-5 days - leading to curtain raisers, public performances at theatres or festivals, dance films, special events and/or for your specified objectives
- **Experience Days** your students can enjoy a *day in the life of a dancer* and take part in company class, watch rehearsals, learn something new and get a chance to speak to the dancers in a Q&A session.

Artsmark & Arts Award

We offer opportunities for schools aiming to obtain Artsmark status or who currently hold the award. Please contact us to discuss how we can work together. We offer Arts Award qualifications up to Gold Level.

What did you like best about the workshop? "Giving the students the chance to 'play' with movement and push them into new ideas."
Henley in Arden School

Please contact Amy Dalton-Hardy on 01926 887 052 or learning@motionhouse.co.uk for more information or to book a workshop.



Motionhouse Post 16

Motionhouse has an outstanding reputation for delivering high quality, inspiring dance education and participatory work in schools since 1988.

We work closely with further education colleges and sixth forms across the UK to deliver high-quality and inspiring dance education for a range of abilities. We can work closely with you to create a workshop or project that will provide a rewarding and beneficial experience for your students. Each workshop encompasses Motionhouse's distinctive, highly physical style of dance and is tailored to respond to the individual needs and targets of your school. Every workshop delivered by the company includes a Q&A with the dancers teaching that session.

Example workshops

- **Performance/Workshop Package** — students take part in a workshop with our dancers and watch a Motionhouse performance in your school
- **Repertoire from any of our shows**
- **Technique** including Contemporary (variety of styles), flying low, contact improvisation, floorwork, partnering, lifting and acrobatic
- **Choreography**
- **Themed schemes of work:** BTEC or RSL performance/technique modules or meet BTEC Tech Awards (Levels 1-3) component criteria ensuring the best possible grades for your students
- **Accredited Arts Awards** at Discover, Explore, Bronze, Silver or Gold levels
- **Detailed education resource packs** for each of our previous performance works. Resource packs include audio soundtracks, full-length films/sections of the work by chapter (DVD format), lesson ideas and teaching points for use in school (fully adaptable).
- **Performance intensive/residency projects/ curtain raisers** – usually over 3-5 days - leading to curtain raisers, public performances at theatres or festivals, dance films, special events and/or for your specified objectives
- **Experience Days** your students can enjoy a *day in the life of a dancer* and take part in company class, watch rehearsals, learn something new and get a chance to speak to the dancers in a Q&A session.

AS & A Level Dance / BTEC Tech Awards in Performing Arts / RSL Awards in Creative & Performing Arts

We can deliver full themed schemes of work plus BTEC or RSL performance/technique modules and also meet BTEC Tech Awards (Levels 1-3) component criteria ensuring the best possible grades for your students.

"It challenged the more able without excluding those of a lower ability... The contact work that the pupils created within the duet has been used in the group's performance piece."
North Leamington School

**Please contact Amy Dalton-Hardy on
01926 887 052 or
learning@motionhouse.co.uk for more
information or to book a workshop.**

A photograph of three dancers in a dynamic pose. A man in a yellow tank top is on the left, a woman in a black t-shirt is in the center with her head tilted back, and another person in a dark tank top is on the right. They are all looking upwards.

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Higher Education

We are passionate about supporting and developing the next and future generations of dancers. We are highly experienced in delivering workshops and training sessions in vocational schools, dance conservatoires and universities across the UK. We are confident that we can provide exceptional learning opportunities for your students to engage with our professional dancers and expert staff; our workshops are sophisticated, challenging and inspiring.

We can deliver any of the following options, or be guided by you and the interests of your students. Example options:-

- Mock auditions
- Contact improvisation work, lifting technique and partnering
- Contact jams
- Contemporary technique
- Acrobatics & tricks
- Repertoire
- Choreography
- Fitness & conditioning for dance
- Performance/Workshop Package — students take part in a workshop with our dancers and watch a Motionhouse performance
- 'Curtain Raiser' performance project — a series of workshops working towards a short performance before one of our shows

We can deliver standalone sessions, longer term residencies, workshops alongside touring work, degree or foundation degree performance, choreography or technique units or modules, the creation of bespoke choreography for assessment, or as part of work experience/placements and also professional development modules.

"The content was great and allowed our first year students to explore something new, with a link and reference to professional work."

Arts University Bournemouth

**Please contact our Learning department on
01926 887 052 or
learning@motionhouse.co.uk for
more information or to book.**



Motionhouse
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Training for Teachers

An important part of our role as a professional dance company is helping dance teachers train and inspire the next generation. We know that many teachers don't feel confident delivering dance (especially at Primary school level) and so, we're here to help.

We regularly work with education professionals of all levels to develop their skills, knowledge and confidence in teaching dance. Tailored training for teachers in sessions ranging from twilights (1-2 hours after-school), half or full day (INSET) or longer intensive trainings; we can cover a range of topics all designed with you in mind. Our signature style is dance-circus and much of this includes gymnastic, athletic dance movements; ticking off many outcomes of the P.E curriculum such as the development of:

- Flexibility
- Strength
- Technique
- Control
- Balance
- The performance of dances using a range of movement patterns

We can cover:

- Introductory dance skills (actions, space, dynamics, relationships)
- Dance technique (contemporary focused)
- Basic lifting & partner techniques
- Creative exploration, dance composition and choreography
- Fitness and safe dance practice
- Dance leadership skills/ managing a dance session
- Attainment and assessment in dance (what to look for)
- How to link sessions to the curriculum, cross curricular ideas, wider topics and schemes of work

Artsmark

We offer opportunities for schools aiming to obtain Artsmark (Silver, gold or Platinum) status or who currently hold the award and are aspiring to reach the next level up.

"Having a new fresh perspective on dance with primary children is of benefit to the children and the staff. We were able to share our dance with the school which meant that other teachers were able to be inspired by it too..."

Milverton School, Leamington Spa

Please contact our Creative Learning team on 01926 887052 or email learning@motionhouse.co.uk for more information or to book a training course.